



## VOLUNTEER CONSENT FORM/MEDIA RELEASE

Participant Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Relation: \_\_\_\_\_ Phone Number: \_\_\_\_\_

### VOLUNTEER WAIVER AND RELEASE FOR THE CALENDAR YEAR 20\_\_\_\_

I, the undersigned (“Volunteer”), hereby consent to Volunteer’s participation in and attendance all Prairie Grit Adaptive Sports (the “Activities”), with activity seasons beginning during the calendar year listed above, and all related ancillary activities, (the “Activities”), beginning during the calendar year listed above sponsored by Prairie Grit Adaptive Sports (the “Activities”). In consideration of Volunteer being permitted to participate in and attend the Activities, I voluntarily and knowingly execute this Volunteer/Parental Consent, Waiver, and Release.

I understand that the Activities involve physical athletic activities. I understand and acknowledge that the Activities and athletic activities involve inherent risks, hazards, and dangers for anyone participating and for those nearby that cannot be eliminated, particularly in the case of minors and particularly in the case of individuals with medical conditions. I understand and acknowledge that participation and attendance at the Activities involves the risk of bodily injury, death and/or paralysis. I, on behalf of myself and Volunteer ACCEPT AND ASSUME ALL RISKS, HAZARDS AND DANGERS of Volunteer’s participation in and/or attendance at the Activities, whether or not specifically identified above.

I understand that participation in Activities requires a certain degree of skill and knowledge and physical fitness. Volunteer has the requisite skill and knowledge and physical fitness to participant in the Activities. If Volunteer has any type of medical condition or disability, I represent that Volunteer has received clearance from his or her physician to participate in the Activities. Volunteer shall comply with all rules and instructions of Prairie Grit Adaptive Sports and its representatives while Volunteer is participating in or attending the Activities.

I, for myself and on behalf of Volunteer and our respective heirs, legal representatives and successors, WAIVE AND RELINQUISH any and all claims, rights and causes of action of every kind and nature against Prairie Grit Adaptive Sports, any co-sponsor of the Activities and their respective affiliates, subsidiaries, participants, parents, officers, directors, employees, volunteers, agents, and representatives (collectively, the “Released Parties”) (including, without limitation, those for personal

injury, property damage and/or wrongful death) arising (directly or indirectly) from, by virtue of or in connection with the participation of Participant in and/or Participant's attendance at the Activities. I further state and agree that all rights under 9-13- 02, N.D. Cent. Code are hereby expressly waived. I, for myself and on behalf of Volunteer and our respective heirs, legal representatives and successors, RELEASE the Released Parties from any liability for any of the foregoing waived and relinquished claims, rights and causes of action an COVENANT NOT TO SUE any of the Released Parties for any such claims, rights and causes of action.

Prairie Grit Adaptive Sports may use the voice and likeness of Volunteer for fundraising, promotional and informational purposes. Prairie Grit Adaptive Sports shall without limitation, have the right to publish, print, distribute, telecast, cablecast, or otherwise exhibit the voice and likeness of Volunteer and any information concerning the Activities by print, television, radio, digital transmission, the internet and by any other means. The foregoing rights are irrevocable and neither I nor Volunteer shall have any right to inspect or approve any finished product.

**Printed Name of Volunteer:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Volunteer/Parent/or Legal Guardian Signature:** \_\_\_\_\_

## **MEDIA CONSENT**

I, the undersigned, do hereby grant permission to Prairie Grit Adaptive Sports to use the image and/or video of myself.

Such use includes the display, distribution, publication, transmission, or otherwise use of photographs, image, and/or video taken of myself or my child for use in materials that include, but may not be limited to: printed materials such as brochures and newsletters, videos, and digital images such as those on the Prairie Grit Adaptive Sports website.

- By signing, I grant permission for unrestricted usage of my image and/or video to be used in print, video, and digital media. I agree that these images may be used by PGAS for a variety of purposes and that these images may be used without further notifying me.

**Printed Name of Volunteer:** \_\_\_\_\_ **Date:** \_\_\_\_\_