

# PRAIRIE GRIT

ADAPTIVE SPORTS

DECEMBER 2021 NEWSLETTER

WITH GRIT ANYTHING IS POSSIBLE



## To Our Athletes, Our Supporters, and Our Community,

2021 was another amazing year, thanks to you! Our community has embraced Prairie Grit Adaptive Sports, and I am so thankful for the support from our many volunteers, sponsors, and donors. We have added over 20 new participants of various ages and abilities, as well as over 50 new volunteers! I am grateful to continue to do what I love and assist others in our community with physical and mental disabilities to find joy in sports and recreational activities. I am inspired every day by each and every one of our athletes! They are strong, brave, courageous, and let nothing slow them down! They focus on their abilities and not their disabilities and let no obstacle stand in their way. Their families and supporters are equally as impressive. Prairie Grit also started pediatric therapy services within the Minot Family YMCA this past year, thanks to a donation from Hess Corporation. It has been an amazing opportunity to help children reach their full potential! We are excited to be growing our team to better serve the community. I am so proud to be a part of the Prairie Grit family and am so excited to continue this journey. Best wishes for a happy and healthy holiday season. See you in 2022!

**Krystal Butgereit**  
Executive Director





Since 2016 Prairie Grit has had over 220 participants, over 400 volunteers and has offered over 35 sports and recreational opportunities for our athletes.

## 2021 Activities

- 3rd Annual Adaptive Fishing Day
- 3rd Annual Brady Samson Memorial Water Sports Day
- Adaptive Cheerleading
- Adaptive Golf
- Adaptive Gymnastics with Gymagic Gymnastics
- Adaptive Rock Climbing
- Adaptive Swim Lessons and Swim Meets
- Adaptive Track and Field
- Adaptive Yoga
- Adventure Camp at Triangle Y Camp
- Co-Hosts for I Can Bike Camp with the Anne Carlsen Center
- Cross Country with Minot Parks
- First Adaptive Dance Camp
- First Adaptive Ice Fishing Day
- Intramural Sled Hockey Jamboree
- Nerf Battles with Minot Parks
- Outdoor Sled Hockey Events
- Pedals and Pie with Scheels
- Private Swim times at Roosevelt Pool
- Various Adaptive Hunting Opportunities
- Wheelchair basketball open gyms, camp, and 3-on-3 tournament

Since 2017 Qdoba has donated 1% of sales from the Minot, Dickinson, and Williston locations totaling \$270,000 to date!



Thank you for your continued support of Prairie Grit Adaptive Sports!

